Sedbury Space - Memory Café

Since the re-opening of Sedbury Space on 15th April the Memory Café has started to hold sessions in this venue as originally intended. Occasional sessions will still operate in the Sedbury and Beachley Village Hall as required, as we did for our pseudo Royal Street Party in May. The spin-off activity of Gentle Exercise Classes on Tues afternoons, will also continue to operate there as a more suitable space.

Thanks to a generous donation from the Parish Council, which will fund a qualified dementia carer for an additional session, we are now able to increase the regularity of this much valued resource

to the 1st and 3rd Wednesdays of the month from 2.00 - 3.30pm.

We have also recently organised trips out to Lindors Country House for afternoon tea where we reminisced about rationing, and to the Forest of Dean Steam Railway.

For more information see www.sedburyspace.org.uk

Email: info@sedburyspace.org.uk

Revd. Janice Hamilton - Sedbury Space



Members of the Memory Café at Sedbury Space making bunting for the royal street party

👞 Centenary Celebrations at Sedbury 🧀 and Beachley Village Hall

The continuing sunshine of a high summer's day shone on the Beachley and Sedbury Village Hall for the celebration of its 100th birthday on June 24th. Marquees and stalls sprinkled the grounds, with a model railway, strawberries and cream, tombola and a wheel of fortune. Folk soon gathered, arriving and leaving in good numbers during the afternoon. The event demonstrated how well the community gathered together, but due credit must be given to all those willing helpers whose work made it possible. Especial credit must be given to Sheila Bollen and her family who fronted the event with, despite the heat, great energy. Entertainment came from Offa's Mead Academy choir and the Samba band. Ongoing refreshments were provided inside the Hall, while Coral Blandford showed illustrations covering the history of the building as a school, supported by a visual display prepared by Keith and Liz of Tidenham Historical Group.

The Hall was probably built as a store, later becoming a school for the children of Army personnel and with teaching staff from the Queen's Army Teaching Service. In 1949 one of those Army teachers became the head of Beachley County Infants fondly known as Penn School. When that school closed in 1967 the Hall became a Community Hall.

The Hall Committee are pleased to report a grand total of over £1100 was taken on the day and would like to thank all members of the community who came along.

Sedbury Rainbows 2018

The Rainbows are thrilled with their new The Rainbows also made Rainbow Flag which we were able to buy thanks to Tidenham Parish Council. We have used it at a Promise Ceremony and look forward to using it at the Remembrance service in November as well as future Promise ceremonies. Our thanks go to the Parish Council for their continued support of Rainbows.

The Rainbows have enjoyed the outdoors this summer. We had fun in the wooded area at the bottom of the school field where we collected twigs to make Stickman. We also had a scavenger hunt where we struggled to find any dandelions! The girls made bug heads - socks filled with compost and grass seed. With eyes added, placed in a pot and watered well they became bug heads.

A visit was made to the allotments where the girls met Lyn and Betty who showed them lots of herbs to smell and taste. We also had a pyjama party and later a pirate party to say goodbye to Rainbows leaving at the end of each half term. We also made a card for the wedding of Prince Harry and Meghan Markle.

used in our entry in the Tidenham Church Flower Festival in July.

Girlguiding has introduced a new programme which is a challenge for leaders to learn and implement and also a challenge to fund. We have training lined up to help us find out what we have in store. The main difference is that the programme covers all sections from Rainbows through to Rangers. The Rainbows will each have a badge book and will be able to earn Interest Badges for the first time. Subjects include Animal Lover, Family Tree, Nature, Book Lover and Recycling. There are twelve in all plus a great many section

Congratulations go to Mel Corfield who has gained her Adult Leader Qualification (ALQ). If you are interested in coming along to find out about becoming either a Unit Helper or training for the ALQ please contact Liz on 621694

Useful Numbers

Chepstow Citizens Advice Bureau -01291 623437

Samaritans - 116 123

Gloucestershire County Council - Main Switchboard - 01452 425000

County Councillor - Mr Patrick Molyneux 01594 529174

Streetlights (Free-phone) - 08000 514514

Police (All non-emergency) - 101

Crime stoppers - 0800 555111

Bogus Caller Helpline - 0800 100 0777

Doctors Surgery - Beachley Road Sedbury **01291 626041**

- Coleford Road Tutshill 01291 637910

NHS (Non emergency) - 111 Sedbury Pharmacy - 01291 622532

Revd David Treharne - 01291 760034

Trading Standards Helpline 01452 426200

Education Helpline 01452 425300

Environmental Helpline 01452 425500 Forest of Dean District Council Main

Switchboard - 01594 810000 Bulky Items Collection 01594 812444

Tidenham Parish Council Contact the Clerk, Mrs. Carol Hinton on **01594** 530779

Email:

clerk@tidenhamparishcouncil.co.uk or visit our website:

www.tidenhamparishcouncil.co.uk





Welcome to the Autumn / Winter 2018 **Tidenham Parish Council Newsletter**

Thank you to everybody who has contributed articles to this newsletter. If you would like to provide an article for a future issue or for further information please contact the Clerk.

Tidenham Parish Remembers



As the Centenary of the Armistice signalling the end of hostilities of the Ist World War approaches

as well as on the Western Front at Ypres, Passchendaele, and the Somme. One lost his life at the battle of Jutland. on Sunday 11th November, the whole parish prepares to gather together for a 10.45am start on the Tutshill Recreation Ground to remember those who lost their lives in the war and subsequent conflicts.

This year's Act of Remembrance will be extra special. Young and older people from the parish will join together in a short service with involvement from across the parish and observe the Two Minutes Silence at 11 o clock. Poppies made by members of the community will symbolise the flowers of Flanders Fields at the entry gate, with a cross for every WW1 person listed on the parish memorials. This year, too, there will be covered facilities and seating so that people can take part, no matter what the weather brings. It will be followed by refreshments provided by the Parish Council and served by W.I. members in the Tutshill Memorial Hall.

This will be the final part of a community project to find out more about our parish's involvement in the difficult period of the 1914-18 First World War. Tidenham Historical Group has led the project, with considerable assistance from The Parish Council, Churches, Beachley Old Boys Association, the 1st Battalion the Rifles and many individuals, and has produced 2 books and an information board at Sedbury about the subject.

The first book Beachley and the First World War revealed the devastating effect on the evicted Beachley villagers; on Tidenham and Tutshill farmers who were forced to abandon their land and livelihoods; on the Tutshill residents who also who had to leave their properties; on Sedbury as the railway and military buildings took over and changed the rural landscape for ever; on the Vicar, Church Wardens and parishioners who had the sudden responsibility of somehow finding homes for over 100 people, including children and babies, as well as providing support for those whose men were serving in the armed forces.

A second book, Tidenham Remembers by Historical Group Member Liz McBride brings a new and greater insight into the 38 men on our War memorials; their lives, their families and where they lived. It also reveals that a further 17 men died who are not listed on the memorials but who had links to the parish. The detailed research for this book, which has taken many years, shows they came from every area of the parish, ranged in age from 18 to 60 and represented the Army, Navy, Merchant Navy, RAF, and the Australian Army. They served all over the globe including China, South America, Gallipoli, Mesopotamia, India, Alexandria, Italy

There are 3 War Memorials in the parish. One is at St Luke's church and was made by grateful WW1 Belgian refugees (who were supported by the parish and lived and worshipped in Tutshill). Another is at the Memorial Hall in Tutshill and the third at the parish church of St Mary & St Peter, Tidenham, where the book was launched in July at an event hosted by the Friends of Tidenham Church on the opening day of their WW1 themed Flower Festival.

A profusion of nearly a thousand poppies, hand-made by people in the parish, cascaded from the two lychgates. A line of wooden crosses, each one hand engraved with the name of one of the men on the War Memorial in the church lined the path to the church door. Inside the church the ancient font was decorated with poppies and there was another striking poppy cascade. Over 20 stunning floral displays made by local community groups, shops, individuals and young people's groups depicted differing aspects of World War 1. The clever use of WW1 artefacts and images, combined with beautiful flowers and imaginative presentation resulted in a stunning effect.

During that week two productions of the play "No Young Men" by Go 2 Theatre were performed which evocatively and poignantly explored the impact of WW1 on a small village community and its response to the tragedies.

In the weeks leading up to the Act of Remembrance at Tutshill, Tidenham Historical Group will be identifying the locations within the parish where the men who lost their lives in WW1 lived or worked.



The launch of the book Tidenham Remembers at Tidenham parish church, July 9th 2018. Liz McBride signs copies of her book.

The Parish Council welcomes contributions to the Newsletter from individuals and organisations which I may be published subject to necessary editing. The information published does not necessarily reflect the views of the Council or individual Councillors, but will hopefully provide topics for discussion.

Crime Prevention and Safety in the Home

We all want to feel safe and secure in our own homes; the following simple steps will improve the protection of your home and deter would-be thieves.

- When you go out for the evening, try to make your house look occupied.
- · Shut and lock any gates into your back garden.
- Maintain your fences and consider using prickly plants along garden boundaries.
- · Secure sheds and garages with grilles over windows, strong hinges and a good lock.
- · Have low fences or hedges at the front of your home to remove hiding places and allow you or your neighbours to see whose looking around.
- The extra noise made by a gravel driveway and paths can be a good deterrent.
- · Return any tools to the shed or garage after use.
- Ensure garden furniture, ornaments or expensive plants are securely fixed in place, photographed and security marked.

Your home

- · Shut and lock windows and doors when you're upstairs, in the garden or just popped next door.
- · Consider installing a good quality burglar alarm to
- Use low level dusk-to-dawn lighting around the front door.

Inside your home

- Keep strangers outside.
- · Photograph and forensically mark electrical items, jewellery, antiques and other unique items to help in
- Keep your car and house keys in a secure place away from windows and doors.
- · Installing and using a safe would protect your
- · Avoid keeping large amounts of cash at home.
- Protect your identity by shredding any old receipts, utility bills or correspondence.
- Always back up your computer, laptop, smart phone or tablet to an external hard drive or secure cloud based server.
- Ensure your internet router and Wi-Fi connections are secured with passwords which should be changed after a period of time.

PCSO Natalie Lang and PCSO Tracey Garcia-Cote

Natalie Lang 249206 Police Community Support Officer

Forest Local Policing Area

Gloucestershire Constabulary

Coleford Police Station ILords Hill • Coleford • GL16 8BQ Personal - (01452) 753803 Force Control Room - 101

www.gloucestershire.police.uk

Parish Councillor VACANCY

Tidenham Parish Council currently has a vacancy for a parish councillor. If you are interested in being involved and making a difference in your community please contact the Clerk for more information. clerk@tidenhamparishcouncil.co.uk

A big Thank You from Lifestyle **Express, Tutshill**

We would like to say a big thank you to the community for the amazing love and support we have received since we took over the shop in October 2017. You have really made us feel welcome here and we now see a long and prosperous future for the shop.

The shop is fully stocked and we are happy to accommodate specific needs. We offer a wide range of groceries, newspapers, magazines, dairy, bread, cakes, sweets, soft drinks, beer, wine, spirits, household laundry, washing up and cleaning supplies. The shop also sells hot coffee, cold slush, ice cream, DIY, toiletries, health & beauty, over the counter medicine, stationery, stamps, pet food, greeting cards, birthday party stuff and many more products. We also sell Calor Gas and act as parcel pick up/drop off for UPS, Amazon and Pass my Parcel.

We hope that we will continue receiving your support and we will continue to offer amazing products and services to the community.

Bobby and Bhavna Nakum

Lifestyle Express, Beachley Road, Tutshill, NP16 7DJ Tel: 01291 622 288

MINI ROUNDABOUTS.....

The Parish Council has campaigned for several years for the resurfacing of the dual mini roundabouts at Tutshill.

We are at last able to report that the resurfacing work will be carried out during the current financial year - hopefully around the end of January / beginning of February 2019.

Gloucestershire Highways have managed to fund the resurfacing, in part from their minor works budget, along with funding from County Councillor Patrick Molyneux.

People have questioned the current layout of the roundabouts and junction and have asked for it to be changed. Brian Watkins, Local Highways Manager, Glos County Council Commissioning Team, explains why the current layout is the best

'If the junction was a standard give way layout then one road (Gloucester Road / Castleford Hill) would have priority with the two side roads giving way. This would have the effect of increasing speeds on the roads that have priority and increasing delays on the other approaches. The mini roundabout options means that all vehicles need to slow down and give way to any vehicles from the right. A single mini roundabout is not a practical solution as the entry roads are offset which means that vehicles turning right would not be able to go around the roundabout. In this instance the double mini roundabout is the best option.

.....and MINI ROUNDABOUTS!!! **New Play Equipment**

The Parish Council provides play and exercise equipment throughout the Parish. We currently have sites dedicated to toddlers at Woodcroft and Buttington Rd. plus three sites for toddlers and older children at Dane's Hill, Tutshill Recreation Ground and at Sedbury & Beachley Village Hall. We also have a site for teens and older youths at the Skate Park and two sites for adult exercise equipment.

Over the past five years we have provided a new slide and a climbing fort. Adult exercise equipment was installed in Wyebank Road thanks to a County Council grant through Councillor Patrick Molyneux and Tutshill WI kindly donated the exercise equipment on the Tutshill Recreation Ground. The Parish Council thought it was

about time to get something new for the toddlers of the Parish and have installed two new mini roundabouts - one at Buttington Rd and one at Woodcroft. The roundabouts are installed flush with the ground so they are easy to access and safe to ride. The roundabout at Buttington Rd is also able to accommodate those with reduced mobility such as wheelchair users.



DEFIBRILLATOR TRAINING - 7th NOVEMBER

The last of the four defibrillators, purchased by the Parish Council with the help of a grant from Forest of Dean District Council, has now been installed in the old telephone kiosk in Woodcroft. The kiosk was purchased by the Parish Council some while ago and in July BT removed the telephone equipment and the defibrillator was installed.

The other three defibrillators are located at Tidenham War Memorial Hall, outside of the Chemist in Sedbury and on the bus shelter at Beachley. All are very easy to use with clear, audible instructions.

Following requests from members of the public, the South West Ambulance Service NHS Trust have agreed to provide a further training and awareness session on the use of the defibrillators. This will take place at the Tidenham War Memorial Hall on Wednesday 7th

The session will be very informative with some 'hands on' experience

Please make a note of the date in your diary - the session is open to everybody in the Parish wherever you live

BONFIRES

This is the time of year for bonfires whether it is on or around 5th November, or for the disposal of garden waste.

Please be considerate when lighting bonfires. While it is not against the law to have a bonfire, the smoke produced by burning could be illegal in that it may cause a smoke nuisance as laid down in the Environmental Protection Act, 1990.

It is also a widely held belief that bonfires are legal after 6pm - this is not the case. In fact, temperature inversion effects in the evening can result in smoke not dispersing and so lingering in the neighbourhood during night hours. Therefore the evening is one of the worst times to light a bonfire.

The following safety guidelines have been issued by Gloucestershire Fire and Rescue Service:

BONFIRE SAFETY ADVICE

- Site the bonfire well away from houses, garages, sheds, fences, overhead cables, trees and shrubs AND ALWAYS AWAY FROM **FIREWORKS**
- Build the stack so that it is stable and will not collapse outwards or to one side
- NEVER use flammable liquids paraffin or petrol to light the fire
- Don't burn foam-filled furniture, aerosols, tins of paint and bottles
- Keep everyone away from the fire especially children, who must be supervised all the time
- For an emergency keep buckets of water or the garden hose or a fire extinguisher ready
- Pour water on the embers before leaving

It's much safer to attend an organised community bonfire - so please attend an organised event this Bonfire Night.

Most injuries throughout the bonfire period occur as a result of people building their own bonfires, and setting off their own fireworks.

There are also other ways to dispose of your garden waste. These include chipping, composting, kerbside garden waste collection (Forest of Dean District Council - if subscribed) and disposal at a Household Recycling Centre.

Composting: Put the goodness back in your garden by composting your garden waste.

Collection: Consider signing up for the Forest of Dean District Council garden waste collection service. https://www.fdean.gov.uk/ residents/bins-recycling/garden-waste-recycling/

Disposal: You can also take garden waste to the following recycling centres free of charge:

- · Oak Quarry, Broadwell, near Coleford (one mile north east of Coleford on the B4226, half a mile after Broadwell crossroads)
- Hempsted, Hempsted Lane, Gloucester, GL2 6HS

Forest of Dean District **Dementia Action Alliance**







The Forest of Dean District Dementia Action Alliance (FOD DDAA) is made up of businesses, organisations, community groups and individuals, all of whom are committed to help develop Dementia Friendly

The Aims of the Forest of Dean District Dementia Action Alliance are:

- The overarching aim of the Forest of Dean District Dementia Action Alliance (FODD DAA) is to make sure that everyone in the district living with dementia is respected and enabled to continue to enjoy living their lives in their own community as well as possible for as long as possible.
- To support the wider community to understand dementia and inspire and enable people to do things which contribute to a dementia friendly community, which are generally more welcoming communities.
- To develop a network of local community champions who will support each other and the wider community.
- To establish and maintain effective support through information sharing networks
- To ensure that the voices of people with dementia, their carers and families are heard and guide the work of the Dementia Action Alliance

To find out more or to join:

The Forest of Dean District DAA welcomes support from across the community. If you are interested in finding out more, coming along to a meeting, or being involved in any way please contact Lena Maller on 01594 812609 or Lena. Maller@fdean.gov.uk

Tidenham Parish Council is proud to have signed up to the Forest of Dean District DAA. As part of its commitment to the Alliance, the Parish Council is hosting a basic dementia awareness session designed to raise knowledge and awareness of dementia in order to contribute to making our community more dementia friendly.

The session will be held at Sedbury and Beachley Village Hall, King Alfred's Road, Sedbury on Thursday 22nd November at 7pm

The session will cover:

- Some of the different types of dementia.
- The different parts of the brain that can be affected.
- How people can be affected by dementia.
- Positive ways to interact with people with dementia.
- A board game called 'Let's Talk' a fun and informal way to learn more about dementia

All welcome and refreshments will be served!

Please confirm attendance to Ruth Ward, Dementia Friendly Community Enabler:

Tel: 07958936283 Email: Ruth.Ward@fdean.gov.uk or the

Parish Clerk on 01594 530779 clerk@tidenhamparishcouncil.co.uk

Or just turn up on the day!

